



**DORSET  
PAWS &  
SNORES**

## **Daily Walks and Alternative Enrichment Plan**

### **1. Purpose**

This plan sets out the facility's approach to meeting the higher standard for monitoring dogs' behaviour and training, specifically ensuring that all dogs receive appropriate physical exercise and/or alternative enrichment if they are unable to walk for veterinary reasons.

### **2. Daily Walk Plan**

Each dog will receive two walks per day, each lasting a minimum of 20 minutes.

Walks will be tailored to the dog's age, breed, health, temperament, and energy level.

Walk activities include:

Sniffing and scent exploration

Exposure to outdoor sights and sounds

Positive social encounters (if appropriate and approved by the owner)

Loose-lead walking and basic manners reinforcement

Walks are scheduled consistently to provide routine and reduce anxiety.

### **3. Alternative Enrichment for Dogs Unable to Walk**

When a dog cannot participate in physical walks due to veterinary reasons, the following enrichment activities will be provided for the same total duration (2 × 20 mins):

#### **3.1 Indoor/Garden-Based Enrichment**

Scent work games ("find it", snuffle mats, scent trails)

Puzzle feeders and interactive toys

Gentle exploration of the garden (if appropriate)

Lick mats, stuffed Kongs, or other mental stimulation toys

Positive training sessions (name recognition, touch, calm settling)

Grooming and gentle handling sessions

#### **3.2 Calm Social Interaction**

One-to-one time with the carer for reassurance and bonding

Quiet enrichment tailored to the dog's comfort and mobility

Veterinary guidance will always be followed, and enrichment will be adapted and agreed with the owner.

#### **4. Owner Agreement**

Owners must review and agree to this plan prior to boarding.

**Owner Name:**

**Signature:**

**Date:**